It takes everyone on the team and dedicated daily focus on the Hester Davis fall prevention program to be successful. We would also like to recognize how beneficial it is partnering with Hester Davis. They provide the resources to us and are so responsive to any questions we have.

Becky Anderson, RN, BSN Quality/Care Coordination/Advance Care Planning Facilitator Aspirus Ontonagon Hospital

**Situation:**
Aspirus is a large, multi hospital system providing tertiary care and rehabilitation to a variety of patient populations. As a community leader in quality, Aspirus was challenged with continuing to find innovative and evidence-based ways to improve patient outcomes, including falls and falls with injury. Aspirus initially went live using only the Hester Davis Scale (HDS) for falls prediction and felt developing their own approach to care planning would be sufficient. Over time, they were not satisfied with their results. They wanted a solution that would improve these outcomes while at the same time be a solution that could be used across a large health system.

**Challenge:**
Aspirus needed a comprehensive, evidence-based fall and injury prevention program that would drive the right interventions to the right patient at the right time.

They also wanted a solution that would harmonize fall and injury prevention care across several facilities both large and small.

**Solution:**
Aspirus implemented the full HD Falls Program which include the HD Falls Care Plan © and HD Falls Toolkit ©. The deployment of the HD Falls Program provided a singular approach to managing falls and fall related injuries across their complex system.

**Results:**
- The program was easily integrated into the EMR.
- The initial results of implementing the HD Falls Program® yielded a 49% reduction in falls and a 72% reduction in fall related injuries across acute care.
- Aspirus performs better than the current national NDNQI benchmarks for falls and injuries

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