HD Nursing®

HD Nursing's Fall Prevention Program

HD Nursing is an evidence-based safety solutions company.

We are dedicated to improving patient safety and injury management across the continuum of care.

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**Evidence Based
Approach to Fall Prevention**

Patient Safety Solutions

Acute and LTC
The Acute Care Program covers the in-patient adult care units including ICU, MedSurg, Maternal, Behavorial Health, Rehabilitation, Procedural Areas, and the ED.

Ambulatory Program
The Ambulatory Program covers the out-patient clinic and treatment areas.

Also Available
Braden Hester Pressure Injury
The Braden Hester Pressure Injury Program is designed to prevent pressure injuries in the Acute and LTC environment.
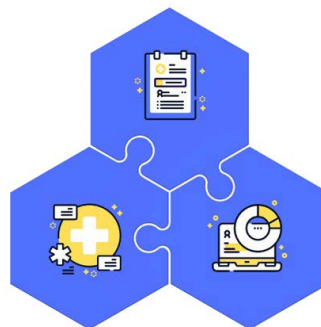
Predict-Prevent-Sustain

Predict
Use the HDS© to determine if your patient is at risk for a fall or fall injury.

Prevent
Use the HDS Care Plan©, Interventions, and Bundles to help prevents falls.

Sustain
Use the HD Falls Playbook© to sustain program success.

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VALIDATION

HDS$^©$ was tested and validated over a 4-year study at University of Arkansas for Medical Sciences (UAMS)

Risk factors in HDS$^©$ are mapped to specific interventions in the HD Falls Care Plan$^©$

HDS demonstrated at 91% sensitivity rating in the EMR

PUBLICATIONS

Hester, A., Davis, D. (2013). Psychometric Validation of the Hester Davis Scale for falls risk assessment in a neurosciences population. *Journal of Neuroscience Nursing, 45(5). 1-8.*

Hester, A.L. (2015). Preventing injuries from patient falls. *American Nurse Today, 10(7). Available at* http://www.americannursetoday.com/preventing-injuries-patient-falls/

Hester, A.L., Tsai, P., Rettiganti, M., & Mitchell, A. (2016). Predicting injurious falls in the hospital setting: Implications for practice. *American Journal of Nursing, 116(9). 2-9.*

Proven Results

University of Arkansas experienced a 60% reduction in falls saving over $1.2 million

SSM Health reduced falls by 50% and injuries by 75% saving over $5 million

The Medical Center, Navicent Health reduced falls by 50% and takes first place award in statewide Patient Safety Awards

Aspirus Hospitals received the 2019 Governor's Award of Excellence for "Effective Reporting and Measurement"

Aspirus Ontonagon reports zero falls for a period of 14 months

Houston Methodist reduced falls by 20% and was recognized by Vizient as top performers in patient safety

Emory Health reduced falls by 38% just five months after implementing the HD Falls Program$^©$

Parkland Health reduced falls by 50% despite responding to pandemic changes

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